



**Socialstyrelsen**

# Litteraturliste til temaet Børn og unge med angst

august 2019

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**Viden til gavn**

# Litteraturliste til temaet Børn og unge med angst

## Baggrund for søgning

År for søgning: Juni 2015

Tidsafgrænsning for søgning: 2010-2015

Geografisk afgrænsning: Internationalt

Temaet blev i 2016 opdateret fra at omhandle børn med angst til at omhandle børn og unge med angst. Denne litteraturliste indeholder både den oprindelige litteratur og den opdaterede litteratur.

## Litteraturliste ved temaets udarbejdelse

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## Litteraturliste fremkommet ved opdateringen i 2016

Tidsmæssig afgrænsning til opdatering: 2010-2016

**Ved en opdatering af temaet børn med angst foretaget i 2016, som nu omhandler børn og unge med angst, dvs. aldersgruppen 0-18 år, er følgende litteratur tilføjet.**

Bluth, K. et al (2016). Making friends with yourself: A mixed methods pilot study of a mindful self-compassion program for adolescents. *Mindfulness*, vol. 7(2): 479-492.

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Tan, L. & Martin, G. (2013). Taming the Adolescent Mind: Preliminary report of a mindfulness-based psychological intervention for adolescents with clinical heterogeneous mental health diagnoses. *Clinical Child Psychology and Psychiatry*, vol. 18(2): 300-312.

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